

Gentle Yoga at The River Bend Municipal Building

All are Welcome

Frídays 9:00-10:15 a.m.

Fee \$50 for 10 classes

> New Session April 25th-June 27th

Dates:

4/25, 5/2, 5/9, 5/16, 5/23, 5/30, 6/6, 6/13, 6/20, 6/27

Certified Yoga Instructor: Sam Love

Class size limited to 15 participant/s. Interested? Call Linda Cummings at 252-288-4347 Sponsored by Parks & Recreation